

Ohio

**Department of
Job and Family Services**

Healthchek



**Preventive health care
and treatment services for
children, teens and young
adults**

What is Healthchek?

Healthchek provides health care services through Ohio's Medicaid program. These services help Ohio's children get the care they need before a treatable illness becomes serious.

Healthchek will also provide services after an illness becomes serious.

Healthchek can help:

All children, teens and young adults from birth through age 20 who are eligible for Medicaid. Healthchek services can be requested at any time. Please contact your caseworker or call your Healthchek Coordinator for more information. You may also request a Healthchek screening at your child's next medical exam.



Blood Lead Testing

As part of the Healthchek exam, a blood lead test is required when your child is 12 and 24 months of age. If your child is three to six years of age, and you are not sure if your child has had a blood lead test, ask your doctor for one.

What does Healthchek cover?

Prevention Services

A Healthchek exam checks for many health problems. If a Healthchek screening uncovers a problem, your child can get treatment early before the problem becomes serious.

Healthchek screening services are very thorough. A complete Healthchek exam includes:

- A medical health history
- A complete exam
- A developmental screening
- A nutritional screening (to review eating habits)
- A vision check
- A hearing check
- A review of the child's immunization history
- A dental screening

- A lead poisoning test, depending on the age of the child
- A test for anemia and sickle cell anemia, as indicated
- A tuberculin (TB) test, as indicated
- A urine test, as indicated
- A sexually transmitted disease (STD) test, as indicated
- Health education
- Behavioral health and other rehabilitative services



Treatment Services

Healthchek may provide other health care services as a follow-up to a screening.

When should my child get Healthchek screening services?



Newborns

Newborns need regular preventive medical care and should have their first Healthchek exam before they leave the hospital. After the first screening, visits usually will be scheduled when shots are needed.

The first two years

Good medical care will give your child a healthy start in life. Through Healthchek, babies can get their first doctors office visit at six weeks, and up to nine checkups in their first two years. They begin getting shots to protect them against such

diseases as polio, influenza, chicken pox, whooping cough, measles, rubella (German measles), mumps, diphtheria, and tetanus (lockjaw). The medical provider will take this opportunity to ask about your child's development, which includes social and emotional development and discuss any concerns.

Children

After the second year, providers recommend your child be examined once a year to ensure your child's healthy development.

Teenagers

Teens can get screening and treatment services under Healthchek. These services are especially important for this age group as the body rapidly changes and grows during this time.

Healthchek screenings are a chance:

- To check for hidden teen health problems (bulimia, anorexia, etc). Many problems are not easy to find without a health check up.
- To catch up on missing immunizations.
- To test teens of African-American, Hispanic, or Mediterranean backgrounds for sickle cell anemia.
- To see if a teen planning to play sports has any medical problems that could lead to serious injury during athletics. The Healthchek screening may also serve as the sports physical.
- For teens to talk to a doctor about health-related questions or problems.

What happens after the Healthchek screening?

After the Healthchek screening, the doctor will explain the results. If you do not understand something, feel free to ask the doctor to explain.

You can ask for a copy of the medical report, which is useful for day care, sports programs, camps, and enrollment for school.

If the doctor finds your child needs more medical care, the doctor may refer you to a specialist for another checkup or treatment.

Frequently Asked Questions

Q: Are eyeglasses and other vision services covered by Healthchek?

A: Yes. Healthchek provides services to find and treat vision problems. Vision services may include a complete eye exam and eyeglasses. Your child can get a vision exam every 12 months.

Q: Are hearing services covered?

A: Your child's hearing will be checked during the Healthchek screening. If a problem is found, other services are covered, which may include a more complete exam, as well as hearing aids.

Q: Are dental services covered?

A: Yes. Through Healthchek, all children age two or older should visit a dentist every six months for a dental checkup and any needed treatment. Younger children may be referred to the dentist if dental problems are detected during the Healthchek exam.

Dental checkups include: teeth cleaning and a dental exam for cavities and other problems. After the exam, the dentist will tell you

what other dental treatment will need to be done to keep your child's teeth strong and healthy. The dentist may schedule more appointments to complete the treatment needed for your child's teeth.

Q: How can I get help with services?

A: By completing the Healthchek assessment form at your county department of job and family services (CDJFS), you can learn of services available for your child. Additional questions can be directed to the Healthchek coordinator who can help you:

- find a doctor, dentist or other health care specialist;
- get a Healthchek screening; and
- get transportation to your medical appointments or pharmacy.

If you are in a managed care plan (MCP), they have representatives who can help you as well.

For more information and answers to your questions, please call the Medicaid Consumer Hotline:

1-800-324-8680 (Voice)

1-800-292-3572 (TTY)

John R. Kasich, Governor
Michael B. Colbert, Director
An Equal Opportunity Employer and Service Provider
jfs.ohio.gov/ohp
JFS 08009 (Rev. 2/2011)

This information is not intended to replace, change or obsolete any portion of the Medicaid Eligibility Manual (MEM) or department rule.

Additional copies can be requested by sending a fax to: (614) 728-7724 or visiting:

jfs.ohio.gov/OHP/infodata/publications.stm